



## WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

2025

HAPPY  
*New Year*

From Dr Palevsky

*and the Holistic Child Health Team*



# STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



**WEBSITE:**  
[www.drpalevsky.com](http://www.drpalevsky.com)



**MAILING LIST:**  
<https://bit.ly/2YIEZG1>



**TELEGRAM:**  
<https://t.me/drpalevsky>



**FACEBOOK:**  
<https://tinyurl.com/mwvrkj19>



**INSTAGRAM:**  
<https://tinyurl.com/48v8snkr/>



**BITCHUTE:**  
<https://tinyurl.com/3epcmtr6>



**ODYSEE:**  
<https://tinyurl.com/u5b76b8x>



**MINDS:**  
<https://tinyurl.com/mwsh3v8>



**MEWE:**  
<https://tinyurl.com/mwym7kaw>



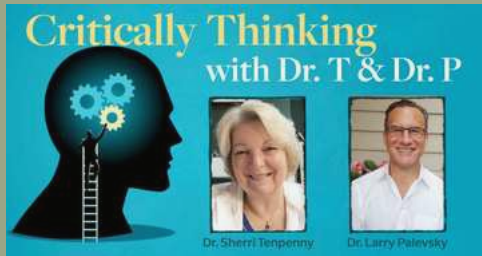
**CRITICALLY THINKING on ODYSEE:**  
<https://tinyurl.com/bdexnm6a>



# DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!



Critically Thinking with Dr T & Dr P

Never Miss a Critically Thinking with Dr T & Dr P Episode.  
Click Below to catch up with the latest one now!

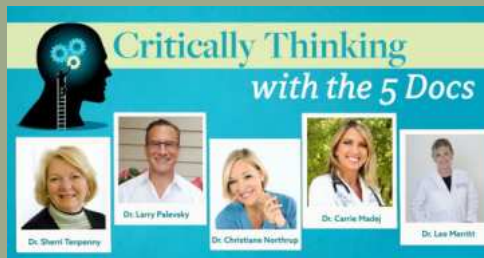
<https://bit.ly/3thvhjQ>



Let's Talk About ADHD - Dr Palevsky on the Mom & Doc Podcast

Dr Palevsky joins the hosts to talk about ADHD. He brings his professional expertise to help dig into all the "whys" from diagnosis to causes to solutions.

<https://tinyurl.com/8f9cazew>



The Five Docs Monthly Update  
- December 2024

Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/39km59an>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:  
<https://tinyurl.com/u5b76b8x>

BITCHUTE:  
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):  
<https://tinyurl.com/ycy4v397>

# ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

## QUESTIONING COVID-19

### **Congresswoman Injured by COVID Shot Says Safety Information Was Suppressed**

<https://thevaccinereaction.org/2024/11/congresswoman-injured-by-covid-shot-says-safety-information-was-suppressed/>

### **Settlement Reached in Navy COVID Vaccine Lawsuit**

<https://thevaccinereaction.org/2024/11/settlement-reached-in-navy-covid-vaccine-lawsuit/>

### **Ed Dowd on Excess Deaths**

<https://www.instagram.com/reel/DCzIIWfSyNN/>

### **Michigan Woman Awarded \$12 Million After Being Fired for Refusing COVID Shot**

<https://thevaccinereaction.org/2024/11/michigan-woman-awarded-12-million-after-being-fired-for-refusing-covid-shot/>

### **Most U.S. Health Care Workers Reject COVID-19 Booster Shot This Year**

<https://thevaccinereaction.org/2024/11/most-u-s-health-care-workers-reject-covid-19-booster-shot-this-year/>

### **Canadian Man Euthanized After Diagnosis of 'Post COVID-19 Vaccination Syndrome'**

<https://thevaccinereaction.org/2024/11/canadian-man-euthanized-after-diagnosis-of-post-covid-19-vaccination-syndrome/>

### **Idaho Health Department Bans COVID-19 Vaccinations in Six Counties**

<https://thevaccinereaction.org/2024/11/idaho-health-department-bans-covid-19-vaccinations-in-six-counties/>

### **Transit Workers Denied Religious Exemptions for COVID-19 Shots Each Awarded \$1.3 Million**

<https://thevaccinereaction.org/2024/11/transit-workers-denied-religious-exemptions-for-covid-19-shots-each-awarded-1-3-million/>

### **The CDC Planned Quarantine Camps Nationwide**

<https://tinyurl.com/yu7s2tsahttps://thevaccinereaction.org/2024/11/the-cdc-planned-quarantine-camps-nationwide/>

# ARTICLES OF INTEREST



## VACCINE VIEW

### **Voices Of Truth: Eight Unsung Heroes Of Vaccine Risk Awareness**

<https://tinyurl.com/bdfv3evf>

### **ICAN Attorneys Achieve “Impossible” Win in New York State Religious Exemption Case**

<https://icandecide.org/press-release/ican-attorneys-achieve-impossible-win-in-new-york-state-religious-exemption-case/>

### **The Bulk of Credible Science Finds Vaccines ‘Can and Do’ Cause Autism**

<https://thevaccinereaction.org/2024/11/the-bulk-of-credible-science-finds-vaccines-can-and-do-cause-autism/>

### **Catherine Austin Fitts: “What Happens When 70% of the Parents in America Discover That They Have Systematically Poisoned Their Children [With ‘Vaccines’]?”**

[https://lionessofjudah.substack.com/p/catherine-austin-fitts-what-happens?r=9h82w&utm\\_medium=ios&triedRedirect=true](https://lionessofjudah.substack.com/p/catherine-austin-fitts-what-happens?r=9h82w&utm_medium=ios&triedRedirect=true)

### **WHO Names 17 Pathogens as Top Priorities for Global Vaccine Development**

<https://thevaccinereaction.org/2024/11/who-names-17-pathogens-as-top-priorities-for-global-vaccine-development/>

### **The Siren Call for a Militarized Response to the Rise of Vaccine Hesitancy**

<https://thevaccinereaction.org/2024/10/the-siren-call-for-a-militarized-response-to-the-rise-of-vaccine-hesitancy/>

### **First Needle-Free Patch RSV Vaccine Being Createdsabled” After COVID Vaccines**

<https://thevaccinereaction.org/2024/11/first-needle-free-patch-rsv-vaccine-being-created/>

## TOXIC TERRORS

### **Pfizer Sued as Study Shows Depo-Provera Birth Control Drug May Cause Brain Tumors**

<https://thevaccinereaction.org/2024/11/pfizer-sued-as-study-shows-depo-provera-birth-control-drug-may-cause-brain-tumors/>

### **Protestors Target Kellogg’s Over Cereal Dyes**

<https://thevaccinereaction.org/2024/11/protestors-target-kelloggs-over-cereal-dyes/>

# ARTICLES OF INTEREST



## DID YOU KNOW?

### **Mysterious Deletion of Medical Journals**

<https://thevaccinereaction.org/2024/11/mysterious-deletion-of-medical-journals/>

### **BMJ Study Finds 1 in 3 Patients Harmed by Surgical Medical Errors**

<https://thevaccinereaction.org/2024/11/bmj-study-finds-1-in-3-patients-harmed-by-surgical-medical-errors/>

### **Immno-Castrator Vaccine to Sterilize Dogs Released in Chile**

<https://thevaccinereaction.org/2024/10/immno-castrator-vaccine-to-sterilize-dogs-released-in-chile/>

### **Monkeypox: Evidence of the “Pandemic Preparedness” Lie**

<https://thevaccinereaction.org/2024/10/monkeypox-evidence-of-the-pandemic-preparedness-lie/>

## POLITICAL PATCH

### **Dr. Oz reacts to RFK, Jr.’s Health and Human Services Nomination**

<https://thevaccinereaction.org/2024/11/dr-oz-reacts-to-rfk-jr-s-health-and-human-services-nomination/>

### **We Support Kennedy: Tell Your US Senator to Support Him Too**

<https://standforhealthfreedom.com/actions/kennedy/>

### **Current Pfizer Board Member and Former Trump Appointed FDA Commissioner, Dr. Scott Gottlieb**

<https://tinyurl.com/4vfwchnz/4vfwchnz>

### **AN IMPORTANT MESSAGE from John Gilmore, Autism Action Network: US Take Action: Kennedy’s Confirmation is Far from Certain**

Despite the wishful thinking of many of his supporters, Robert F. Kennedy Jr.’s confirmation as Secretary of Health and Human Services is far from certain. President-elect Trump has already had to withdraw several of his nominees, and Kennedy faces opposition from extremely powerful industries as well as forces on both the left and the right. Kennedy advocates a death sentence for business as usual in Washington for the drug, vaccine, food and agriculture industries. Resistance to his nomination will be intense, and money to stop him will be unlimited. It is time to put the euphoria away and take action to make sure your US Senators vote to confirm Kennedy as Secretary of Health and Human Services. **CLICK HERE to READ MORE and to TAKE ACTION TODAY!!**

<https://www.voterveice.net/AUTISMACTION/Campaigns/119318/Respond>



# FORTHCOMING EVENTS

## MEDICAL ACADEMY OF PEDIATRIC AND SPECIAL NEEDS SPRING 2025 FUNCTIONAL & TRANSLATIONAL MEDICINE CONFERENCE

MAPS™  
Medical Academy of Pediatrics & Special Needs

Myrtle Beach, SC  
March 13th-15th

Spring Functional &  
Translational Medicine  
CME Conference

**LAWRENCE  
PALEVSKY**  
MD, FMAPS

Use Code: **PALEVSKY10** for 10% off

CHILD DEVELOPMENT:  
BEFORE WE LOWERED  
THE BAR

For more information visit  
MEDMAPS.ORG

We are excited to announce  
our Spring MAPS conference  
for 2025!

We look forward to your  
active participation to adopt  
new information on various  
treatment options and  
cutting-edge medical  
research.

Thursday will host our introductory course, Foundation of MAPS, along with the final ACM course, MAPS in Clinical Practice. In addition, we will have an advanced course for experienced practitioners covering some of the newest Innovations in Integrative Pediatrics. This conference will have two days of plenary sessions covering the topics of Neurology of Pediatric Syndromes and Pathways to Improved Outcomes.

We look forward to seeing you at our conference for three days of education, networking, and a renewal of our friendships.

FOR MORE DETAILS AND TO REGISTER:

<https://www.medmaps.org/events/spring2025/>

Use code - PALEVSKY10 - at check out for 10% off your registration fee.

[www.drpalevsky.com](http://www.drpalevsky.com)



**RECOMMENDED BY DR PALEVSKY**

## INTRODUCING KRIS ORGANICS

*Kris*  
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

**Transparent. Simple. Pure. Organic Skincare**  
**100 % organically handcrafted in small batches.**  
**No preservatives. All ingredients are fully listed.**  
**Nothing hidden - ever!**



Skincare is the dirtiest industry in the United States. Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**Check out the  
Kris Organics website  
for all their gorgeous  
products NOW!**



[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)

RECOMMENDED BY DR PALEVSKY

## PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.**

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

*Note: Currently only available in US, Mexico, Japan and South Africa*

PRIME  BODY.

You can learn more about these hemp related products by going to [drpalevsky.primemybody.com](http://drpalevsky.primemybody.com)

[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)



# ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.







**LAWRENCE B.  
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU  
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.  
We are happy to hear from you.**

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**For all other Inquiries: [info@drpalevsky.com](mailto:info@drpalevsky.com)**

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