



## WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

# STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



**WEBSITE:**  
[www.drpalevsky.com](http://www.drpalevsky.com)



**TELEGRAM:**  
<https://t.me/drpalevsky>



**FACEBOOK:**  
<https://tinyurl.com/mwvrkj19>



**INSTAGRAM:**  
<https://tinyurl.com/48v8snkr/>



**BITCHUTE:**  
<https://tinyurl.com/3epcmtr6>



**ODYSEE:**  
<https://tinyurl.com/u5b76b8x>



**MINDS:**  
<https://tinyurl.com/mwsh3v8>



**MEWE:**  
<https://tinyurl.com/mwym7kaw>

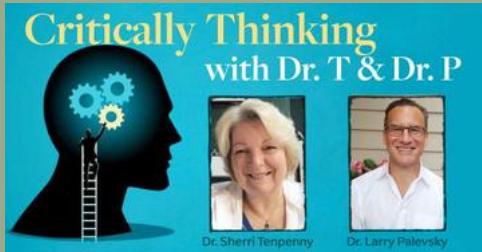


**CRITICALLY THINKING on ODYSEE:**  
<https://tinyurl.com/bdexnm6a>



# DR PALEVSKY'S INTERVIEWS

Catch Dr Palevsky's latest interviews!



Critically Thinking with Dr T & Dr P

Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>



Catch Up with Dr Palevsky's Interviews

Missed an interview? Catch up with all Dr Palevsky's interviews today.

<https://tinyurl.com/mvymtse7>



The Five Docs Monthly Update  
April 2026 - 5<sup>th</sup> Year Anniversary Episode!

Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/4kvxj6fw>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:  
<https://tinyurl.com/u5b76b8x>

BITCHUTE:  
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):  
<https://tinyurl.com/yey4y3q7>

# ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

## QUESTIONING COVID-19

### **Poland, Romania Resist Brussels Court Order to Pay \$2.2 Billion to Pfizer for COVID-19 Shots**

<https://tinyurl.com/4pwb3tye>

### **Fight for Justice After COVID-19 Vaccine Injury**

<https://thevaccinereaction.org/2026/03/fight-for-justice-after-covid-19-vaccine-injury/>

### **Moderna's mNEXSPIKE mRNA COVID-19 Shot Approved by European Commission**

<https://tinyurl.com/3nd7mehs>

### **Spike Protein from mRNA COVID Shots Detected in Placenta and Fetal Cells**

<https://tinyurl.com/33npuwny>

## DID YOU KNOW?

### **6 Ways Big Pharma and Big Food Are Trying to Control the Natural Healthcare Industry in the U.S.**

<https://tinyurl.com/45d6r9n3>

### **FDA Launches New Consolidated Adverse Event Monitoring System**

<https://tinyurl.com/4skwp5bm>

### **Judge in Landmark Censorship Case Delivers 'Spectacular' Win For Free Speech**

<https://tinyurl.com/xcn29b89>

### **New Poll: Almost 90% of U.S. Voters Support Right to Refuse Medical Treatment**

<https://tinyurl.com/ycvzmjuv>

### **Trump Officials With Ties to Bayer Ask Supreme Court to Wipe Out Glyphosate Cancer Claims**

<https://tinyurl.com/43f5tn3x>

### **Did a Measles Debate Cost Dr. Ralph Abraham His Job at CDC?**

<https://tinyurl.com/45vtfdf>

## FOOD FOR THOUGHT

### **Dunkin' Brings the 'Joy' of Junk Food to Sick Children in Hospitals**

<https://tinyurl.com/un6rv63p>

### **Florida Families Call for Continued Funding of Food Toxin Testing Initiative**

<https://tinyurl.com/mva834db>

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## VACCINE VIEW

### **Fact-Checking the “Placebo Control” Fact Checker**

<https://tinyurl.com/6htpj399>

### **The Vaccination Debate**

<https://thevaccinereaction.org/2026/04/the-vaccination-debate/>

### **U.K. Health Officials Call for Banning Schoolchildren Without Proof of MMR Vaccination**

<https://tinyurl.com/3xmpw7q>

### **Child Vaccination Rate Drops Sharply in Michigan Under RFK Jr’s Influence**

<https://tinyurl.com/ywnd24ec>

### **Flu Vaccine Only 36 Percent Effective This Year**

<https://tinyurl.com/2bc825c7>

### **Vaccine Lawsuit Against Kennedy Could Reach Supreme Court**

<https://tinyurl.com/ksarjrpw>

### **CDC’s Childhood Vaccine Schedule Changes Blocked by Massachusetts Court**

<https://tinyurl.com/3577jsce>

### **‘Smoking Gun’ Emails Show New York City Officials Played Role in Firing Unvaccinated Workers**

<https://tinyurl.com/2vy62ckp>

### **Expert Guts Claims That HPV Vaccine Reduces Cancer Risk**

<https://tinyurl.com/2s4a96r8>

### **Guinea-Bissau Hepatitis B Vaccine Trial in Newborns Sparks Ethics Debate**

<https://tinyurl.com/5bvjue6>

### **‘The People Showed Up’: South Carolina Lawmakers Side With Parental Choice in Two Vaccine Votes**

<https://tinyurl.com/ydh8m2dy>

### **Babies Deserve More Protection Than Vaccine Makers, Aaron Siri Tells Joe Rogan**

<https://tinyurl.com/2acxwtb4>

### **From Trust to Doubt—Rethinking Vaccine Safety**

<https://tinyurl.com/3ztz9k7e>

### **Vaccine Lawsuit Against Kennedy Could Reach Supreme Court**

<https://tinyurl.com/ksarjrpw>

### **Health Official Calls for Review of India’s Massive HPV Vaccine Campaign**

<https://tinyurl.com/3xc562x8>

# UPCOMING EVENTS



## BETTER WAY CONFERENCE

Join Dr Palevsky at the World Council for Health's Better Way Conference — Co-creating New Health Solutions: A Better Way for the USA

This unique event brings together some of the most respected speakers and change makers of our time from medicine, science, law, journalism and policy to explore real solutions to the challenges we currently face within the American healthcare system. Many people recognize that the current medical and legal model is struggling — and this gathering is about coming together to co-create new health solutions and forge a better path forward.

Speakers include Dr Lawrence Palevsky, Dr Tess Lawrie, Dr Marivic Villa, Del Bigtree, Dr Bret Weinstein, Dr Bryan Ardis, Joyce Brand, Dr Mark Brody, Dr Mark Trozzi, Dr William Makis, Dr Pierre Kory, Dr Peter McCullough, Jan Jekielek, Bretigne Shaffer, Dr Meryl Nass, Mary Holland, Dr Sherri Tenpenny, Christof Plothe DO, Kevin McKernan, Vic Mellor, and many more. It's an original and extraordinary line-up of speakers and changemakers rarely seen together in the same place, creating a powerful opportunity for dialogue, networking, and collaboration.

There will also be an Exhibitor Hall, special evening events, and many opportunities to connect with grassroots movers and shakers working to create a new paradigm in healthcare.

Tickets start from \$55, and you can find all the information, program details and speaker updates at: [bwc.bio/palevsky](http://bwc.bio/palevsky)

Use the Code: PALEVSKY10 to get 10% off your ticket price!

# RECOMMENDED BY DR PALEVSKY

## THE TEEN HEALTH REVOLUTION BOOK

What happens when four brothers + their physician mom team up to change teen health? A movement is born.

The Teen Health Revolution is a must read for teens, parents, and educators. Our youngest generation is facing struggles that we never had to overcome at their age. Anxiety, exhaustion, poor sleep, chronic health struggles, and stress overload are seen as completely normal issues instead of serious problems. But here's what's often overlooked: teens are not powerless. In fact, they hold the keys to transforming their health, building resilience, and creating a ripple effect of positive change for generations to come.

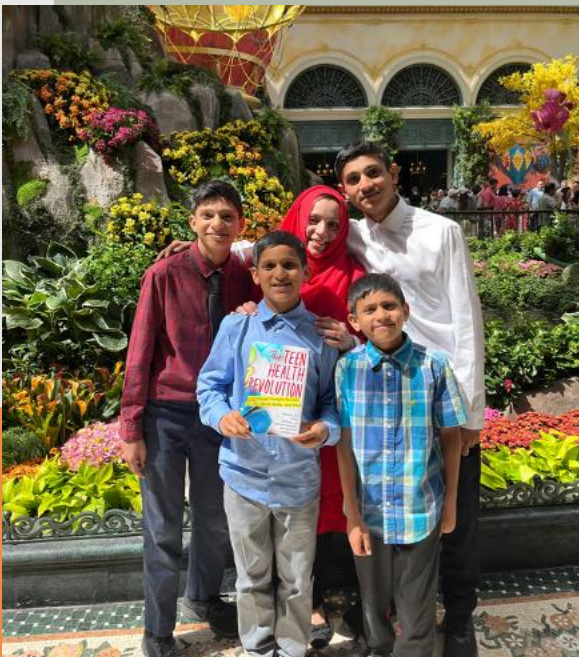


### **The Teen Health Revolution: Unlocking Lifestyle Secrets for the Mind, Body, and Soul**

is a groundbreaking new book written for teens by teens. This practical guide was written by Abdullah, Zain, Emaad, and Qasim Ansari, along with their mother, Dr. Madiha Saeed.

Inside, readers will discover:

- How nutrition and gut health affect mood, energy, and focus
- Simple strategies to manage stress, bullying, and tech overload
- Why sleep, gratitude, and nature are essential for teen well-being
- Practical tools to tackle 20+ common teen health struggles such as acne, anxiety, brain fog, and more ...



This book is more than just information...it's a movement. Teens are given the power to take charge of their health and happiness in real, doable ways. Order a copy for a teenager in your life here: Here's to raising a healthier, happier generation!

[BUY  
IT  
HERE](#)

**RECOMMENDED BY DR PALEVSKY**

## INTRODUCING KRIS ORGANICS

*Kris*  
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

**Transparent. Simple. Pure. Organic Skincare**  
**100 % organically handcrafted in small batches.**  
**No preservatives. All ingredients are fully listed.**  
**Nothing hidden - ever!**



**Skincare is the dirtiest industry in the United States.**  
**Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!**

**GET 10% DISCOUNT ON EVERYTHING WITH  
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



**Check out the  
Kris Organics website  
for all their gorgeous  
products NOW!**



[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)

RECOMMENDED BY DR PALEVSKY

## PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.**

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

*Note: Currently only available in US, Mexico, Japan and South Africa*

PRIME *my* BODY®

You can learn more about these hemp related products by going to [drpalevsky.primemybody.com](http://drpalevsky.primemybody.com)

[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)



# ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.  
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU  
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.  
We are happy to hear from you.**

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**[www.drpalevsky.com](http://www.drpalevsky.com)**



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