



WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:
www.drpalevsky.com



TELEGRAM:
<https://t.me/drpalevsky>



FACEBOOK:
<https://tinyurl.com/mwvrkjt9>



INSTAGRAM:
<https://tinyurl.com/48v8snkr/>



BITCHUTE:
<https://tinyurl.com/3epcmtr6>



ODYSEE:
<https://tinyurl.com/u5b76b8x>



MINDS:
<https://tinyurl.com/mwsh3v8>



MEWE:
<https://tinyurl.com/mwym7kaw>



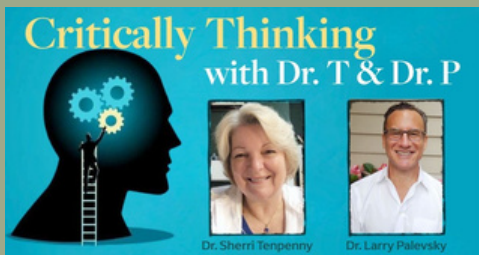
CRITICALLY THINKING on ODYSEE:
<https://tinyurl.com/bdexnm6a>

DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!

Critically Thinking with Dr T and Dr P



**Never Miss a Critically Thinking with Dr T
& Dr P Episode. Click Below to catch up with the latest
one now!**

<https://bit.ly/3thvhjQ>

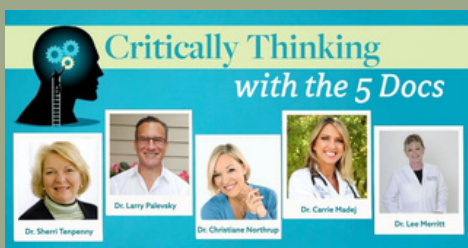
The Health Conversation Most Families Are Not Having



What happens when parents start asking deeper questions about children's health, wellness, and development? In this episode, Leila Centner sits down with Dr. Palevsky for a wide ranging conversation about parenting, critical thinking, nutrition, stress, modern environments, and the importance of supporting children's overall well being.

<https://tinyurl.com/ycy6znzk>

The Five Docs Monthly Update August 2026



Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/m4dr73vn>

To watch and listen to Dr Palevsky's past appearances,
go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4v3q7>

ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

DID YOU KNOW?

What We Know About the Two “Measles Deaths” in Lancaster County, Pennsylvania

<https://aaronisiri.substack.com/p/what-we-know-about-the-two-measles?>

Wellness Industry Expands With Procter & Gamble Acquisition of Thorne for \$3.8 Billion

<https://tinyurl.com/5n78y4sx>

Who is Really in Charge of Public Health?

<https://thevaccinereaction.org/2026/08/who-is-really-in-charge-of-public-health/>

The Future of Free Speech

<https://thevaccinereaction.org/2026/07/the-future-of-free-speech/>

Supreme Court Bars Roundup Cancer Lawsuits

<https://thevaccinereaction.org/2026/07/supreme-court-bars-roundup-cancer-lawsuits/>

QUESTIONING COVID-19

Dr. Anthony Fauci Testifies in Senate Hearing

<https://thevaccinereaction.org/2026/08/dr-anthony-fauci-testifies-in-senate-hearing/>

Senate Investigates What Health Officials Knew About COVID-19 Vaccine Side Effects

<https://tinyurl.com/yey4xf8k>

Oncologist Calls for Banning COVID-19 Shots, as Congress Debates Whether They Cause or Accelerate Cancer

<https://tinyurl.com/4et82dbw>

COVID-19 Inquiry in U.K. Faces Scrutiny and Criticism

<http://thevaccinereaction.org/2026/07/covid-19-inquiry-in-u-k-faces-scrutiny-and-criticism/>

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VACCINE VIEW

Live Experimental Pneumonic Plague Vaccines Being Developed After Repeated Attempts
<https://tinyurl.com/86wsyvbu>

U.S. Dentists Pushed to Vaccinate Patients
<https://thevaccinereaction.org/2026/08/u-s-dentists-pushed-to-vaccinate-patients/>

All mRNA Vaccines Risky
<https://thevaccinereaction.org/2026/07/all-mrna-vaccines-risky/>

CDC Again Changes Wording About Vaccines and Autism
<https://thevaccinereaction.org/2026/07/cdc-again-changes-wording-about-vaccines-and-autism/>

Trump Signs Executive Order Aimed at Reducing Number of Childhood Vaccines
<https://tinyurl.com/38bjwv67>

Amish Families in New York Lose Religious Vaccine Exemption Case
<https://tinyurl.com/mr22ajey>

Beyond the Stats: The Human Cost of Vaccine Injuries
<https://thevaccinereaction.org/2026/07/beyond-the-stats-the-human-cost-of-vaccine-injuries/>

Accountability for the Vaccine-Injured: A Senator Steps Up
<https://tinyurl.com/msdhhbpe>

UPCOMING EVENT



Dr Palevsky will be speaking at the International College of Integrative Medicine's Vaccines & Immunology Conference this year.

This conference brings together leaders in integrative and functional medicine to explore innovative approaches to healing.

**Don't miss this conference:
September 18 - 19 2026 in Dearborn, MI**

[Learn More and Register for Tickets:](#)

[CLICK HERE](#)

UPCOMING EVENT

MOVING MOUNTAINS HOLISTIC HEALTH SUMMIT

“MADE FOR MORE”



October 1st, 2nd, 3rd 2026 at: Orland Park, Illinois

10/1 "Moving Mountains Together" Dinner

10/2 - Day 1 of the Summit

10/3 - Day 2 of the Summit

Learn from top leaders in Holistic Health during this one-of-a-kind, in-person experience!

MOVE MOUNTAINS FOR YOUR FAMILY!

The Moving Mountains Holistic Health Summit is an in-person event aimed at educating and empowering individuals around holistic wellness practices. It places a strong emphasis on natural health, functional medicine and the idea of root-cause healing as opposed to simply treating symptoms.

A variety of holistic health topics will be discussed including...

- * Children's Health
- * Informed Consent
- * Germ Theory
- * Epigenetics
- * Brain Death/Organ Harvesting
- * First Aid at Home
- * Biofield of the Body
- *Regenerative Farm to Table & more!!!

Learn More and Register for Tickets:

[CLICK HERE](#)

RECOMMENDED BY DR PALEVSKY

THE TEEN HEALTH REVOLUTION BOOK

What happens when four brothers + their physician mom team up to change teen health? A movement is born.

The Teen Health Revolution is a must read for teens, parents, and educators. Our youngest generation is facing struggles that we never had to overcome at their age. Anxiety, exhaustion, poor sleep, chronic health struggles, and stress overload are seen as completely normal issues instead of serious problems. But here's what's often overlooked: teens are not powerless. In fact, they hold the keys to transforming their health, building resilience, and creating a ripple effect of positive change for generations to come.



The Teen Health Revolution: Unlocking Lifestyle Secrets for the Mind, Body, and Soul

is a groundbreaking new book written for teens by teens. This practical guide was written by Abdullah, Zain, Emaad, and Qasim Ansari, along with their mother, Dr. Madiha Saeed.

Inside, readers will discover:

- How nutrition and gut health affect mood, energy, and focus
- Simple strategies to manage stress, bullying, and tech overload
- Why sleep, gratitude, and nature are essential for teen well-being
- Practical tools to tackle 20+ common teen health struggles such as acne, anxiety, brain fog, and more ...



This book is more than just information...it's a movement. Teens are given the power to take charge of their health and happiness in real, doable ways. Order a copy for a teenager in your life here: Here's to raising a healthier, happier generation!

**BUY
IT
HERE**

RECOMMENDED BY DR PALEVSKY

INTRODUCING KRIS ORGANICS

Kris
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

Transparent. Simple. Pure. Organic Skincare
100 % organically handcrafted in small batches.
No preservatives. All ingredients are fully listed.
Nothing hidden - ever!



Skincare is the dirtiest industry in the United States.
Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



**Check out the
Kris Organics website
for all their gorgeous
products NOW!**

[CLICK HERE](#)



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RECOMMENDED BY DR PALEVSKY

PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

PRIME  **BODY.**

You can learn more about these hemp related products by going to drpalevsky.primemybody.com

[CLICK HERE](#)

www.drpalevsky.com



ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.
We are happy to hear from you.**

**Lawrence B. Palevsky, M.D.
Inquiries: info@drpalevsky.com**

www.drpalevsky.com



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