



WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:
www.drpalevsky.com



TELEGRAM:
<https://t.me/drpalevsky>



FACEBOOK:
<https://tinyurl.com/mwvrkj19>



INSTAGRAM:
<https://tinyurl.com/48v8snkr/>



BITCHUTE:
<https://tinyurl.com/3epcmtr6>



ODYSEE:
<https://tinyurl.com/u5b76b8x>



MINDS:
<https://tinyurl.com/mwsh3v8>



MEWE:
<https://tinyurl.com/mwym7kaw>



CRITICALLY THINKING on ODYSEE:
<https://tinyurl.com/bdexnm6a>



DR PALEVSKY'S INTERVIEWS

Catch Dr Palevsky's latest interviews!



Chronic Disease on the Rise in Pediatrics - The Hidden Causes of Childhood Illness



Why are our kids sicker than ever before? From skyrocketing rates of asthma, eczema, allergies, ADHD, autism, PANS/PANDAS, autoimmune issues, and more — something is clearly off. In this powerful conversation, Erin Paige sat down with renowned pediatrician Dr. Larry Palevsky to unpack the real root causes of chronic illness in children today.

<https://tinyurl.com/5ap6x5xa>

Nature, Sun & Real Play: Get Your Kids Outside This Summer



From beach days and camping to riding bikes and feeling the grass under their feet, Dr. Larry Palevsky emphasizes why summer is the perfect time to ditch the screens, escape sick building syndrome, and soak up the healing power of the sun. He also gives a realistic warning about city parks and chemicals, encouraging families to find clean nature whenever possible.

<https://tinyurl.com/56z7n63n>

Beyond the Diagnosis - Dr Larry Palevsky on the Nervous System, Perception & Healing



What if symptoms aren't signs of failure — but signs of intelligence? In this powerful episode, Sue Hitzmann sits down with Dr. Larry Palevsky, a pediatrician known for his deeply human, terrain-based approach to children's health and development. This conversation goes far beyond conventional pediatrics and into the heart of how the body communicates, adapts, and expresses meaning through symptoms.

<https://tinyurl.com/syc72nky>

The Five Docs Monthly Update June 2026



Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/423mny7m>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4v3q7>

ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

QUESTIONING COVID-19

COVID Vaccine-Cancer Connection Proven

<https://tinyurl.com/3s99sj6e>

The Shocking Damage Caused by Covid Policies

<https://tinyurl.com/583axuxd>

Army and National Guard Accused of Abandoning Soldier With COVID Vaccine Injury

<https://tinyurl.com/5n8wtjbz>

Inside the FDA's 'Cover-Up' of Child Deaths Linked to COVID Vaccines

<https://tinyurl.com/4nzc5kn4>

COVID Vaccines Lead to Casualties. Bombshell Senate Testimony Sparks Chaos at Heated Hearing

<https://tinyurl.com/2zjensba>

VACCINE VIEW

FDA Set to Review Moderna's mFlusiva mRNA Flu Shot

<https://tinyurl.com/3brtdrx9>

Executive Order Directs CDC to Reduce Number of Recommended Childhood Vaccines

<https://tinyurl.com/3x2asrjd>

Legislation in House of Representatives to Expand Pro Vaccine Messaging and Vaccine Surveillance

<https://tinyurl.com/yck42rf2>

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DID YOU KNOW?

AI-Fabricated Citations Infiltrating Medical Literature May Influence How Doctors Treat Patients

<https://tinyurl.com/mp6wpe8n>

Scientists Creating mRNA Biologics with Added Aluminum Adjuvant

<https://tinyurl.com/yq58x2p9>

Rising Rates of Colorectal Cancer in Young Adults Linked to Bayer's RoundUp Weedkiller

<https://tinyurl.com/3t6tprhx>

Hantavirus, the WHO, and the Conflicts in Weighing Mortality

<https://tinyurl.com/mrvyjm73>

From Secretary Kennedy:

I sent this letter to the Editor-in-Chief of Toxicology Reports demanding a full explanation for the removal of a published article examining vaccines and sudden infant death. Americans have a right to know why scientific papers are removed, who made those decisions, what evidence supported them, and whether the same standards are applied consistently. We will restore trust in public health by insisting on transparency, accountability, and open scientific inquiry—not by asking the public to accept decisions behind closed doors.

<https://x.com/SecKennedy/status/2066551769006538847>

SCARY SCREENS

The Average Teenager Now Spends More Than 8.5 Hours a Day on Screens

<https://tinyurl.com/yh3b89va>

UPCOMING EVENT



Escaping the Medical Matrix Conference

Omaha, Nebraska August 21-22, 2026

Don't miss this conference in Omaha where we discuss the future of health care.

Arresting Fauci or Gates, or a Nuremberg trial won't make our health better.

We need to think differently.

Come be part.

Watch this video to learn more:

[INTRO VIDEO](#)

Hosted by Dr Lee Merritt

Featured Speakers:

Dr Larry Palevsky

Dr Ben Tapper

Dr Christiane Northrup

Dr Bryan Ardis

Patrick Gunnels

With MC KFAB Radio Anchor - Chris Baker

Book your tickets and hotel rooms now before the reserved blocks go up in price next month.

Learn more and book your tickets here:

[MORE
INFO/TICKETS](#)

UPCOMING EVENT



I'm speaking at the
Vaccines & Immunology Conference

Lawrence Palevsky, MD

MY SESSION:
"What Are We Doing to Our Children's Brains: A Western Medical Perspective"

September 18 - 19
Dearborn, MI

www.icimed.com



Dr Palevsky will be speaking at the International College of Integrative Medicine's Vaccines & Immunology Conference this year.

This conference brings together leaders in integrative and functional medicine to explore innovative approaches to healing.

**Don't miss this conference:
September 18 - 19 2026 in Dearborn, MI**

[Learn More and Register for Tickets:](#)

[CLICK HERE](#)

UPCOMING EVENT

MOVING MOUNTAINS HOLISTIC HEALTH SUMMIT

“MADE FOR MORE”



October 1st, 2nd, 3rd 2026 at: Orland Park, Illinois

10/1 "Moving Mountains Together" Dinner

10/2 - Day 1 of the Summit

10/3 - Day 2 of the Summit

Learn from top leaders in Holistic Health during this one-of-a-kind, in-person experience!

MOVE MOUNTAINS FOR YOUR FAMILY!

The Moving Mountains Holistic Health Summit is an in-person event aimed at educating and empowering individuals around holistic wellness practices. It places a strong emphasis on natural health, functional medicine and the idea of root-cause healing as opposed to simply treating symptoms.

A variety of holistic health topics will be discussed including...

- * Children's Health
- * Informed Consent
- * Germ Theory
- * Epigenetics
- * Brain Death/Organ Harvesting
- * First Aid at Home
- * Biofield of the Body
- *Regenerative Farm to Table & more!!!

EARLY BIRD TICKETS NOW ON SALE!

SPECIAL OFFER! Use coupon code: PALEVSKY to receive 10% off your ticket price!

Learn More and Register for Tickets:

[**CLICK HERE**](#)

RECOMMENDED BY DR PALEVSKY

THE TEEN HEALTH REVOLUTION BOOK

What happens when four brothers + their physician mom team up to change teen health? A movement is born.

The Teen Health Revolution is a must read for teens, parents, and educators. Our youngest generation is facing struggles that we never had to overcome at their age. Anxiety, exhaustion, poor sleep, chronic health struggles, and stress overload are seen as completely normal issues instead of serious problems. But here's what's often overlooked: teens are not powerless. In fact, they hold the keys to transforming their health, building resilience, and creating a ripple effect of positive change for generations to come.

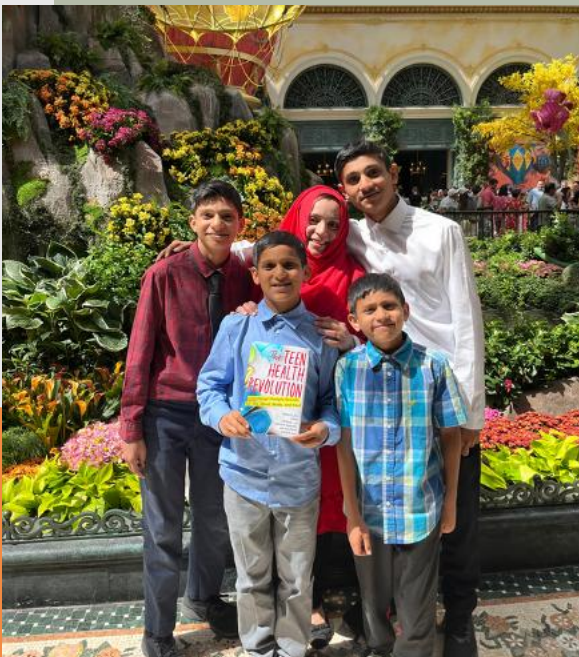


The Teen Health Revolution: Unlocking Lifestyle Secrets for the Mind, Body, and Soul

is a groundbreaking new book written for teens by teens. This practical guide was written by Abdullah, Zain, Emaad, and Qasim Ansari, along with their mother, Dr. Madiha Saeed.

Inside, readers will discover:

- How nutrition and gut health affect mood, energy, and focus
- Simple strategies to manage stress, bullying, and tech overload
- Why sleep, gratitude, and nature are essential for teen well-being
- Practical tools to tackle 20+ common teen health struggles such as acne, anxiety, brain fog, and more ...



This book is more than just information...it's a movement. Teens are given the power to take charge of their health and happiness in real, doable ways. Order a copy for a teenager in your life here: Here's to raising a healthier, happier generation!

[BUY
IT
HERE](#)

RECOMMENDED BY DR PALEVSKY

**INTRODUCING
KRIS ORGANICS**

Kris
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

**Transparent. Simple. Pure. Organic Skincare
100 % organically handcrafted in small batches.
No preservatives. All ingredients are fully listed.
Nothing hidden - ever!**



Skincare is the dirtiest industry in the United States. Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



**Check out the
Kris Organics website
for all their gorgeous
products NOW!**



[CLICK HERE](#)

www.drpalevsky.com

RECOMMENDED BY DR PALEVSKY

PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

PRIME *my* BODY®

You can learn more about these hemp related products by going to drpalevsky.primemybody.com

[CLICK HERE](#)

www.drpalevsky.com



ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.
We are happy to hear from you.**

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www.drpalevsky.com



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