



## WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

# STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



**WEBSITE:**  
[www.drpalevsky.com](http://www.drpalevsky.com)



**TELEGRAM:**  
<https://t.me/drpalevsky>



**FACEBOOK:**  
<https://tinyurl.com/mwvrkj19>



**INSTAGRAM:**  
<https://tinyurl.com/48v8snkr/>



**BITCHUTE:**  
<https://tinyurl.com/3epcmtr6>



**ODYSEE:**  
<https://tinyurl.com/u5b76b8x>



**MINDS:**  
<https://tinyurl.com/mwsh3v8>



**MEWE:**  
<https://tinyurl.com/mwym7kaw>



**CRITICALLY THINKING on ODYSEE:**  
<https://tinyurl.com/bdexnm6a>

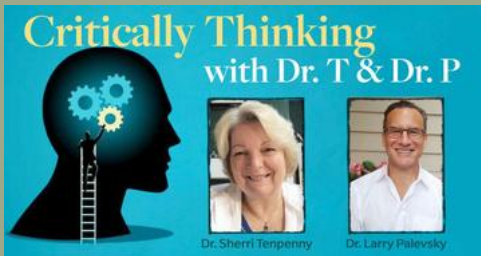


# DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!

## Critically Thinking with Dr T & Dr P



Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>

## We Know Better—So Why Don't We Do Better? The Truth About Cognitive Dissonance



What happens when what we believe—and what we actually do—don't quite line up? This week on the Wise Traditions podcast, pediatrician Dr. Lawrence Palevsky explores the concept of cognitive dissonance—what it is, why it's so common in modern life, and how it quietly shapes decisions around health, parenting, and trust in authority.

<https://tinyurl.com/2s3fmc6a>

## Dr Palevsky in Conversation with Nell Tomassen Reboh on the Catskill Mountain Dreamer Podcast



Listen in and learn about an empowering (w)holistic and integrative perspective on child development, rethinking the medical paradigm, providing opportunity for healing, the essential role of nutrition, recognizing vaccine injury beyond the typical gaslighting the modern medical community and media are trained to engage in, homeschooling developing human beings with emotional intelligence, and more.

<https://tinyurl.com/j2zmfzvw>

## The Five Docs Monthly Update May 2026



Listen in to the Docs and enjoy our monthly 'no holds barred' call with these amazing doctors as they share their personal and professional opinions about current events.

<https://tinyurl.com/yvf23adx>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:  
<https://tinyurl.com/u5b76b8x>

BITCHUTE:  
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):  
<https://tinyurl.com/yCY4Y397>

# ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

## QUESTIONING COVID-19

### **Compensation Fails Woman Injured by COVID Vaccine**

<https://thevaccinereaction.org/2026/05/compensation-fails-woman-injured-by-covid-vaccine/>

### **Former Aide to Anthony Fauci Indicted for Concealing COVID-19 Records**

<https://tinyurl.com/y4ex7yh4>

### **CDC Finally Admits COVID 19 Vaccine Caused Injuries**

<https://thevaccinereaction.org/2026/04/cdc-finally-admits-covid-19-vaccine-caused-injuries/>

### **Anthony Fauci Will Not Be Prosecuted for Covid Crimes. Mark This Post.**

<https://tinyurl.com/5bbtvkpm>

### **Pfizer, BioNTech End mRNA COVID-19 Biologic Trial Early**

<https://thevaccinereaction.org/2026/04/pfizer-biontech-end-mrna-covid-19-biologic-trial-early/>

### **Patients Request Blood from Donors Who Have Not Received mRNA COVID-19 Shots**

<https://tinyurl.com/5exevq3p>

### **The Agonising Pain of COVID Vaccination Injury Victims**

<https://tinyurl.com/5d7eedrz>

### **Tech Company Agrees to \$15 Million Settlement in COVID-19 Shot Bias Claim**

<https://tinyurl.com/k7f2dw08>

**CIA Whistleblower reveals that despite a majority of CIA scientists concluding COVID leaked from a lab in Wuhan, Anthony Fauci was able to convince high-ranking intel officials to change the assessment from a lab leak to neutral.**

<https://x.com/SenRandPaul/status/2054569279266131996>

## DID YOU KNOW?

### **Why Cassidy Really Lost: The Story Behind the Story**

<https://sayerji.substack.com/p/why-cassidy-really-lost-the-story>

### **Study Finds All Major Pharmaceutical Companies Implicated in Bribery Schemes**

<https://tinyurl.com/2j6r2j65>

### **U.S. Fertility Rates Near Historic Lows**

<https://thevaccinereaction.org/2026/04/u-s-fertility-rates-near-historic-lows/>

### **The Informed Consent Principle: A Guide for Public Health Policy and Medical Ethics**

<https://tinyurl.com/9mp42brw>

### **The Right to Health Sovereignty**

<https://thevaccinereaction.org/2026/04/the-right-to-health-sovereignty/>

### **Mayor Orders Wireless Network Turned Off in Municipal Schools**

<https://tinyurl.com/45mfntep>

### **National Cancer Institute to Study Ivermectin as Potential Cancer Treatment**

<https://tinyurl.com/4szf8wsk>

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## VACCINE VIEW

### **The Story of the Victorian-Era Anti-Mandate Movement**

<https://thevaccinereaction.org/2026/05/the-story-of-the-victorian-era-anti-mandate-movement/>

### **Public-Private Partnership Builds Africa's First Multi-Vaccine Production Plant**

<https://tinyurl.com/3xrmtvwa>

### **"Vocal Supporter" of Vaccines Nominated to Be CDC Director**

<https://thevaccinereaction.org/2026/05/vocal-supporter-of-vaccines-nominated-to-be-cdc-director/>

### **West Virginia Vaccine Mandate Upheld by U.S. Fourth Circuit Court**

<https://thevaccinereaction.org/2026/05/west-virginia-vaccine-mandate-upheld-by-u-s-fourth-circuit/>

### **New Law Requires Schools to Report Homeschoolers to DCF - And Could Target Families Who Decline Vaccines**

<https://tinyurl.com/yvx7ytd3>

### **Canadian Government Overhauls Vaccine Injury Program**

<https://tinyurl.com/4dx3ary6>

### **CDC Considers New Medical Code to Classify Vaccine Injuries**

<https://tinyurl.com/ye6mxjwm>

### **New York Proposes an Additional Layer of Legal Protection to Those Profiting From Injecting Vaccines**

<https://tinyurl.com/3h8bze2>

### **Federal Judge Blocks Kennedy's Vaccine Reforms**

<https://thevaccinereaction.org/2026/04/federal-judge-blocks-kennedys-vaccine-reforms/>

### **Vaccine Skepticism in U.S. Is Widespread, Politico Poll Reveals**

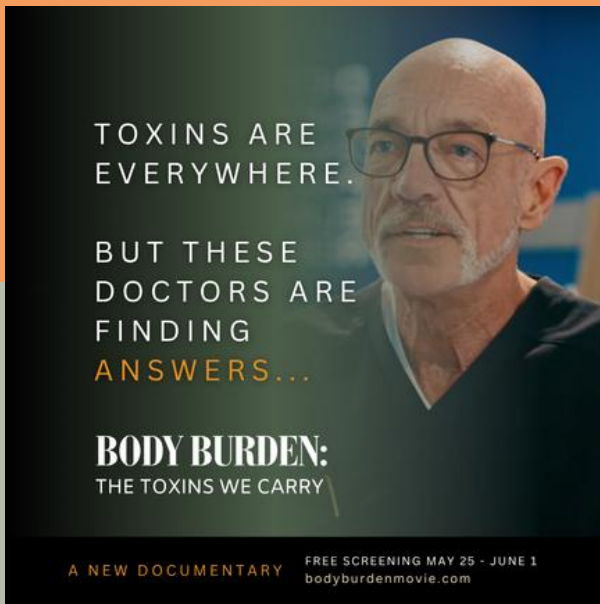
<https://tinyurl.com/pefz7wk7>

### **From Secretary Kennedy:**

To elevate America's health, restore public trust, and reclaim our reputation for integrity and gold-standard science, President Donald J. Trump's HHS will challenge even the most sacred public health dogmas through open debate and disciplined scientific scrutiny. Watch as I shred Senator Maria Cantwell 's chart from my recent hearing—a chart she used to argue that vaccines saved hundreds of millions of American lives by pointing to the 20th-century decline in infectious diseases.

[https://www.facebook.com/watch/?mibextid=wwXlfr&v=1482074656241313&rdid=Jkln9kGZfPOLSXWj\\_](https://www.facebook.com/watch/?mibextid=wwXlfr&v=1482074656241313&rdid=Jkln9kGZfPOLSXWj_)

# THIS SUNDAY & MONDAY



## BODY BURDEN: THE TOXINS WE CARRY

Tired of hearing how toxic everything is...  
.....with no solutions?

Most environmental health content follows the same pattern: scary statistics, alarming headlines, and then nothing.

Or a list of products to buy.

This documentary is different.

**"Body Burden: The Toxins We Carry"** is a 61-minute investigation into environmental medicine: a branch of medicine that has been quietly helping people with environmental illness for decades.

Nick Pineault, a citizen journalist, visited one of the top environmental medicine clinics in North America to find out whether their claims about reducing toxic burden were actually true.

Real patients. Real protocols. Outcomes documented over decades of clinical practice.

**Register now to reserve your free access.**

**No cost, no catch.**

**Register by clicking below**

**June 1<sup>st</sup> is the last day you can view the documentary so dont miss it!**

**[CLICK HERE](#)**

# UPCOMING EVENT

## MOVING MOUNTAINS HOLISTIC HEALTH SUMMIT

“MADE FOR MORE”



**October 1st, 2nd, 3rd 2026 at: Orland Park, Illinois**

10/1 "Moving Mountains Together" Dinner

10/2 - Day 1 of the Summit

10/3 - Day 2 of the Summit

Learn from top leaders in Holistic Health during this one-of-a-kind, in-person experience!

### **MOVE MOUNTAINS FOR YOUR FAMILY!**

The Moving Mountains Holistic Health Summit is an in-person event aimed at educating and empowering individuals around holistic wellness practices. It places a strong emphasis on natural health, functional medicine and the idea of root-cause healing as opposed to simply treating symptoms.

A variety of holistic health topics will be discussed including...

- \* Children's Health
- \* Informed Consent
- \* Germ Theory
- \* Epigenetics
- \* Brain Death/Organ Harvesting
- \* First Aid at Home
- \* Biofield of the Body
- \*Regenerative Farm to Table & more!!!

**EARLY BIRD TICKETS NOW ON SALE!**

**SPECIAL OFFER! Use coupon code: PALEVSKY to receive 10% off your ticket price!**

**Learn More and Register for Tickets:**

[\*\*CLICK HERE\*\*](#)

# RECOMMENDED BY DR PALEVSKY

## THE TEEN HEALTH REVOLUTION BOOK

What happens when four brothers + their physician mom team up to change teen health? A movement is born.

The Teen Health Revolution is a must read for teens, parents, and educators. Our youngest generation is facing struggles that we never had to overcome at their age. Anxiety, exhaustion, poor sleep, chronic health struggles, and stress overload are seen as completely normal issues instead of serious problems. But here's what's often overlooked: teens are not powerless. In fact, they hold the keys to transforming their health, building resilience, and creating a ripple effect of positive change for generations to come.

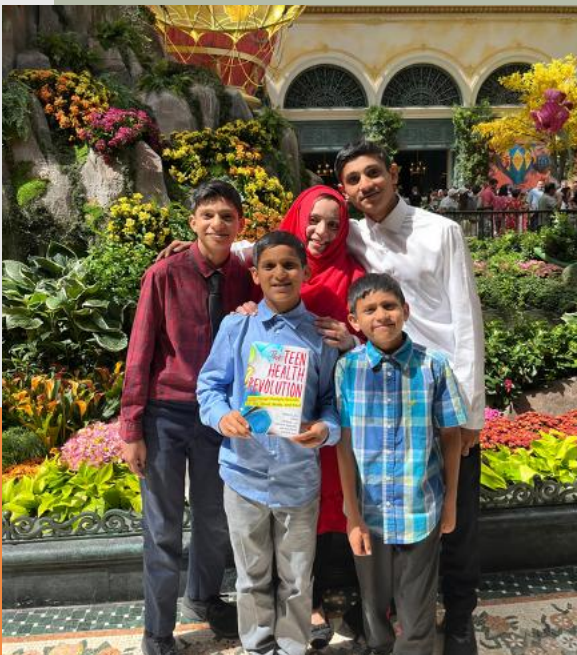


### **The Teen Health Revolution: Unlocking Lifestyle Secrets for the Mind, Body, and Soul**

is a groundbreaking new book written for teens by teens. This practical guide was written by Abdullah, Zain, Emaad, and Qasim Ansari, along with their mother, Dr. Madiha Saeed.

Inside, readers will discover:

- How nutrition and gut health affect mood, energy, and focus
- Simple strategies to manage stress, bullying, and tech overload
- Why sleep, gratitude, and nature are essential for teen well-being
- Practical tools to tackle 20+ common teen health struggles such as acne, anxiety, brain fog, and more ...



This book is more than just information...it's a movement. Teens are given the power to take charge of their health and happiness in real, doable ways. Order a copy for a teenager in your life here: Here's to raising a healthier, happier generation!

[BUY  
IT  
HERE](#)

**RECOMMENDED BY DR PALEVSKY**

## INTRODUCING KRIS ORGANICS

*Kris*  
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

**Transparent. Simple. Pure. Organic Skincare**  
**100 % organically handcrafted in small batches.**  
**No preservatives. All ingredients are fully listed.**  
**Nothing hidden - ever!**



**Skincare is the dirtiest industry in the United States.**  
**Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!**

**GET 10% DISCOUNT ON EVERYTHING WITH  
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



**Check out the  
Kris Organics website  
for all their gorgeous  
products NOW!**



[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)

RECOMMENDED BY DR PALEVSKY

## PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.**

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

*Note: Currently only available in US, Mexico, Japan and South Africa*

PRIME *my* BODY®

You can learn more about these hemp related products by going to [drpalevsky.primemybody.com](http://drpalevsky.primemybody.com)

[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)



# ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.  
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU  
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.  
We are happy to hear from you.**

**Lawrence B. Palevsky, M.D.  
Inquiries: [info@drpalevsky.com](mailto:info@drpalevsky.com)**

**[www.drpalevsky.com](http://www.drpalevsky.com)**



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