



WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

Lawrence B. Palevsky, MD

STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:
www.drpalevsky.com



TELEGRAM:
<https://t.me/drpalevsky>



FACEBOOK:
<https://tinyurl.com/mwvrkjt9>



INSTAGRAM:
<https://tinyurl.com/48v8snkr/>



BITCHUTE:
<https://tinyurl.com/3epcmtr6>



ODYSEE:
<https://tinyurl.com/u5b76b8x>



MINDS:
<https://tinyurl.com/mwsh3v8>



MEWE:
<https://tinyurl.com/mwym7kaw>



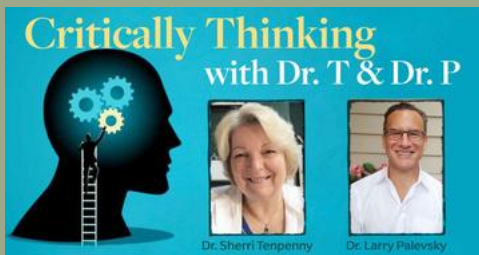
CRITICALLY THINKING on ODYSEE:
<https://tinyurl.com/bdexnm6a>

DR PALEVSKY'S INTERVIEWS



Catch Dr Palevsky's latest interviews!

Critically Thinking with Dr T and Dr P



**Never Miss a Critically Thinking with Dr T
& Dr P Episode. Click Below to catch up with the latest
one now!**

<https://bit.ly/3thvhjQ>

The Health Conversation Most Families Are Not Having - Part 2



In this episode of The Leila Centner Show, Leila sits down again with Dr. Lawrence Palevsky for a powerful part two conversation about children, screens, brain development, emotional health, parenting, connection, and the modern struggle so many families are facing with phones, tablets, video games, and constant digital stimulation. Dr. Palevsky explains why real world experiences, play, movement, imagination, problem solving, emotional connection, and time outside are so important for children as they grow. We also discuss why children need more than entertainment.

<https://tinyurl.com/bdf9z4zz>

Catch Up with Dr Palevsky's Interviews

**Missed an interview?
Catch up with all Dr Palevsky's
interviews today.**

<https://tinyurl.com/mvvtse7>



To watch and listen to Dr Palevsky's past appearances,
go to his channel on one of these platforms:

ODYSEE:
<https://tinyurl.com/u5b76b8x>

BITCHUTE:
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):
<https://tinyurl.com/ycy4y3q7>

ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

DID YOU KNOW?

Former CDC Scientist Accused of Stealing \$1 Million in Grant Money Extradited Back to U.S.

<https://tinyurl.com/3ep8veps>

I Worked for Big Pharma: What I Saw Will Shock You

<https://thevaccinereaction.org/2026/09/i-worked-for-big-pharma-what-i-saw-will-shock-you/>

6G Technology Will Expose People to Untested Electromagnetic Fields

<https://tinyurl.com/bdfe4kka>

There's Something Fascinating About People Who Grew Up in the 1970's

<https://www.facebook.com/reel/1747567223150775>

Johnson & Johnson Agrees to Pay \$5.5 Billion to Resolve Talcum Powder Cancer Litigation

<https://tinyurl.com/57mkptrw>

QUESTIONING COVID-19

U.S. Disability Rates Have Risen Sharply Since Rollout of mRNA COVID-19 Shots

<https://tinyurl.com/345ed8kk>

mRNA, Spike Proteins Persist in the Human Body for More Than 3.5 Years After COVID-19 Shots

<https://tinyurl.com/3ze885d7>

Top Adviser to Anthony Fauci Pleads Guilty to Federal Conspiracy to Hide COVID-19 Research Records

<https://tinyurl.com/437dik59>

Former CDC Director Says 'It Was a Mistake to Vaccinate Pregnant Women' for COVID-19

<https://tinyurl.com/2pjcbpec>

Fauci Privately Worried About COVID Shots Causing Miscarriage

<https://tinyurl.com/mrxt99mb>

Anatomy of Total Failure

<https://thevaccinereaction.org/2026/08/anatomy-of-total-failure/>

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VACCINE VIEW

Danish Researcher Whose Studies Were Used to Deny Vaccine-Autism Link Pleads Guilty

<https://tinyurl.com/yry8m3z6>

Florida Attorney General Demands Catholic Schools Accept Religious Vaccine Exemptions or Lose Voucher Funding

<https://tinyurl.com/yute6kzv>

Kindergarten Vaccine Exemptions in U.S. Increase, But Vaccine Uptake Rates Decline Only Slightly

<https://tinyurl.com/n8vq83nq>

European Medicines Agency Begins Review of New Lyme Disease Vaccine

<https://tinyurl.com/n8vq83nq>

Texas Attorney General Investigates AAP's Financial Ties to Childhood Vaccine Recommendations

<https://tinyurl.com/mpw6ft7d>

Despite Safety Concerns, FDA Approves Moderna's mRNA Flu Shot

<https://tinyurl.com/4s8scj6j>

Presidential Executive Order on Childhood Vaccines and Autism Issued

<https://tinyurl.com/4jenbh37>

Measles Transmission by Vaccinated People Documented in Medical Literature

<https://thevaccinereaction.org/2026/08/pennsylvania-makes-school-vaccine-and-exemption-rates-public/>

Graphene Oxide Being Tested on Animals as an Adjuvant in Vaccines

<https://thevaccinereaction.org/2026/09/graphene-oxide-being-tested-on-animals-as-an-adjuvant-in-vaccines/>

UPCOMING EVENT

MOVING MOUNTAINS HOLISTIC HEALTH SUMMIT

“MADE FOR MORE”



October 1st, 2nd, 3rd 2026 at: Orland Park, Illinois

10/1 "Moving Mountains Together" Dinner

10/2 - Day 1 of the Summit

10/3 - Day 2 of the Summit

Learn from top leaders in Holistic Health during this one-of-a-kind, in-person experience!

MOVE MOUNTAINS FOR YOUR FAMILY!

The Moving Mountains Holistic Health Summit is an in-person event aimed at educating and empowering individuals around holistic wellness practices. It places a strong emphasis on natural health, functional medicine and the idea of root-cause healing as opposed to simply treating symptoms.

A variety of holistic health topics will be discussed including...

- * Children's Health
- * Informed Consent
- * Germ Theory
- * Epigenetics
- * Brain Death/Organ Harvesting
- * First Aid at Home
- * Biofield of the Body
- *Regenerative Farm to Table & more!!!

Learn More and Register for Tickets:

[CLICK HERE](#)

UPCOMING EVENT



Don't Miss The 2026 Back to Basics Conference - Summit on Health and Wellness -

October 17th 2026 in FRAMINGHAM, MA

OCTOBER SPECIAL:

10% off the ticket price and a signed copy of Dr. McCullough's book!
This ticket includes lunch and complimentary on-site parking.

You can stream a podcast. You can read a study. But, there are some things you can't get online. You can't shake someone's hand through a screen, look a doctor in the eyes and ask the follow-up question that's been keeping you up at night. That's why the Back to Basics Conference exists.

There's a growing movement of people who are done waiting for a broken system to tell them what's healthy. They are asking hard questions, seeking out independent voices, and taking ownership of their wellbeing.

The 2026 Back to Basics Conference brings this community together. You'll hear from internationally recognized physicians, wellness advocates, and regenerative farmers who are leading the charge on medical transparency, nutritional awareness, and holistic health.

Come with questions. Connect with leading voices. Walk away empowered.

BUY Tickets NOW and for more Information:

[CLICK HERE](#)

RECOMMENDED BY DR PALEVSKY

THE TEEN HEALTH REVOLUTION BOOK

What happens when four brothers + their physician mom team up to change teen health? A movement is born.

The Teen Health Revolution is a must read for teens, parents, and educators. Our youngest generation is facing struggles that we never had to overcome at their age. Anxiety, exhaustion, poor sleep, chronic health struggles, and stress overload are seen as completely normal issues instead of serious problems. But here's what's often overlooked: teens are not powerless. In fact, they hold the keys to transforming their health, building resilience, and creating a ripple effect of positive change for generations to come.

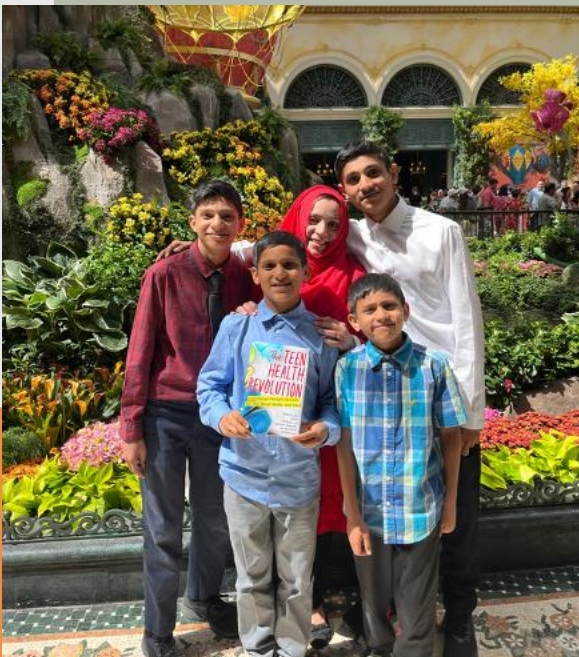


The Teen Health Revolution: Unlocking Lifestyle Secrets for the Mind, Body, and Soul

is a groundbreaking new book written for teens by teens. This practical guide was written by Abdullah, Zain, Emaad, and Qasim Ansari, along with their mother, Dr. Madiha Saeed.

Inside, readers will discover:

- How nutrition and gut health affect mood, energy, and focus
- Simple strategies to manage stress, bullying, and tech overload
- Why sleep, gratitude, and nature are essential for teen well-being
- Practical tools to tackle 20+ common teen health struggles such as acne, anxiety, brain fog, and more ...



This book is more than just information...it's a movement. Teens are given the power to take charge of their health and happiness in real, doable ways. Order a copy for a teenager in your life here: Here's to raising a healthier, happier generation!

**BUY
IT
HERE**

RECOMMENDED BY DR PALEVSKY

INTRODUCING KRIS ORGANICS

Kris
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

Transparent. Simple. Pure. Organic Skincare
100 % organically handcrafted in small batches.
No preservatives. All ingredients are fully listed.
Nothing hidden - ever!



Skincare is the dirtiest industry in the United States.
Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



**Check out the
Kris Organics website
for all their gorgeous
products NOW!**

[CLICK HERE](#)



www.drpalevsky.com

RECOMMENDED BY DR PALEVSKY

PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being - sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world. Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

I specifically recommend the CALM Formula, FOCUS Formula, and the SHIELD Formula.

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

Note: Currently only available in US, Mexico, Japan and South Africa

PRIME *my* **BODY.**

You can learn more about these hemp related products by going to drpalevsky.primemybody.com

[CLICK HERE](#)

www.drpalevsky.com



ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care outpatient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

**THANK YOU
FOR SUBSCRIBING!**



**If you would like to contact us, please feel free to do so.
We are happy to hear from you.**

**Lawrence B. Palevsky, M.D.
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